

A DAY IN THE LIFE OF A REAL ECO-KID 8 Things You Can Do Now



Rise and shine. When you wake up, save water by turning off the faucet while you brush your teeth.



Get dressed. If your favorite coat feels a little too tight or your pants are too short, pass them down to someone smaller.



Remember to drink enough water.
But be mindful of replacing a plastic bottle with a reusable one.



Have some leftover lunch? Make sure to compost.



Make art. Use both sides of the paper when you draw.



Read a fun book. And when you're done, donate it to your local library.



Bath time. Try taking a quick shower instead. You'll save water (and feel grown-up!)



Sweet dreams! Don't forget to turn off the lights when you go to bed or whenever you leave a room.

## The Real Real

Illustrations by Robert Nicol

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